

***“I BELIEVE IN LOVE”***  
***2014 VALENTINE DANCE***

The Physical Education Department of Hobart Middle School is sponsoring the “I Believe in Love” Valentine Dance. The Valentine dance is on Wednesday, Feb. 12<sup>th</sup> from 6:00 to 8:00 p.m. in the Main Gym of HMS. Tickets will be sold at the door for \$6.00 per student. Everyone who purchases a ticket for the dance will be registered for the girl and boy stuffed animal drawings. During the evening, twenty Valentine stuffed animals that will be drawn and given away to lucky boys and girls. The Valentine Dance also features the famous, lighted “Dance Stage”. Our students enjoy dancing on the dance stage with their friends to popular songs.

The physical education department will be selling a variety of Valentine socks for students to wear on the dance floor. The Valentine socks for girls will sell for \$1.50 a pair.

The FACS club will be selling the “cup cakes for causes” at the dance. The concession stand will be open as well during the dance for food and drinks.

The Music department will be taking photos of students and their friends at the dance. The costs to the students are as follows: 8 x 10 picture is \$5.00, 5 x 7 picture is \$4.00, 4 x 6 picture is \$3.00. A big thank you goes to the art teacher, Mrs. Rakoczy who is drawing the backdrop for the photos.

The physical education department believes in the need for physical activity through daily physical education, sports and dance. Physical activity is important to the overall health and well being of everyone, including all school-age children. The benefits of physical activity are well documented and include the mitigation of many health risks, including those for developing Type 2 diabetes, high blood pressure and high blood cholesterol. Physical activity also contributes to the building and maintenance of healthy bones and muscles, improved health-related fitness, and positive social and mental health. Also, an increasing body of scientific evidence suggests that healthier students are better learners and that physical activity can improve academic achievement and influence academic success in school.

See you at the dance!

